
P S A L M S



SONGS FOR EVERY SEASON



Today's Worship Service

PRAISE

Ascribe to the Lord the glory due his name; worship the Lord in the splendor of holiness. (Psalm 29:2)

Call To Worship

[“God Is For Us”](#)

[1 John 4:15-18a](#)

Ferguson, Tealy, Robinsin, Thompson,
Kleyn, Farren, Reeves

Welcome & Announcements

Pastor Ryan Boyer

RENEWAL

As far as the east is from the west, so far does he remove our transgressions from us. (Psalm 103:12)

Prayer of Confession

Assurance of Grace

[“Here Is Love”](#)

[The Lord's Prayer](#)

Pastor Ryan Boyer
Lowry, Redman, Rees

PROCLAMATION

Make me to know your ways, O Lord; teach me your paths. (Psalm 25:4)

Reading of the Word

[Psalm 103](#)

Kari DeBerg

Reader: *This is God's Word for us today.*

All: *Thanks be to God.*

Preaching of the Word

Pastor Mike Matheson

RESPONSE

Because your steadfast love is better than life, my lips will praise you. (Psalm 63:3)

[“10,000 Reasons \(Bless the Lord\)”](#)

Communion

[“O Praise the Name”](#)

Benediction

Myrin, Redman
Pastor Mike Matheson
Hastings, Ussher, Sampson
Pastor Mike Matheson

Psalm 103

*Bless the LORD, O My Soul
Of David.*

[1] *Bless the LORD, O my soul,
and all that is within me,
bless his holy name!*

[2] *Bless the LORD, O my soul,
and forget not all his benefits,*

[3] *who forgives all your iniquity,
who heals all your diseases,*

[4] *who redeems your life from the pit,
who crowns you with steadfast love
and mercy,*

[5] *who satisfies you with good
so that your youth is renewed like the
eagle's.*

[6] *The LORD works righteousness
and justice for all who are oppressed.*

[7] *He made known his ways to Moses,
his acts to the people of Israel.*

[8] *The LORD is merciful and gracious,
slow to anger and abounding in
steadfast love.*

[9] *He will not always chide,
nor will he keep his anger forever.*

[10] *He does not deal with us according to
our sins, nor repay us according to our
iniquities.*

[11] *For as high as the heavens are above
the earth, so great is his steadfast love
toward those who fear him;*

[12] *as far as the east is from the west,
so far does he remove our
transgressions from us.*

[13] *As a father shows compassion to
his children, so the LORD shows
compassion to those who fear him.*

[14] *For he knows our frame;
he remembers that we are dust.*

[15] *As for man, his days are like grass;
he flourishes like a flower of the field;*

[16] *for the wind passes over it, and it is
gone, and its place knows it no more.*

[17] *But the steadfast love of the LORD
is from everlasting to everlasting
on those who fear him, and his
righteousness to children's children,*

[18] *to those who keep his covenant
and remember to do his
commandments.*

[19] *The LORD has established his throne
in the heavens, and his kingdom rules
over all.*

[20] *Bless the LORD, O you his angels,
you mighty ones who do his word,
obeying the voice of his word!*

[21] *Bless the LORD, all his hosts,
his ministers, who do his will!*

[22] *Bless the LORD, all his works,
in all places of his dominion.
Bless the LORD, O my soul!*

Sermon Notes

Preacher: Pastor Mike Matheson

Sermon: A Song for the Perfectionist Soul

Scripture: Psalm 103

Date: August 2, 2020

Sermon Review Discussion Questions

These questions are for *after* the sermon and can be used for Life Group discussion, one-to-one discipleship, or personal reflection and application.

The Psalms play a unique role within Scripture. Each psalm reflects the heart and emotions of its author as a prayer to the LORD. And the LORD has graciously given us these words by his inspiration to know how we can bare our own hearts to him. The prayers of those who have gone before us now exist within our Bibles to teach us how to pray. This summer we will explore several psalms in an effort to expose you to the wide emotional range of the Psalms. Within this book lies various songs that will comfort you wherever life has you.

Discussion Questions

1. Where do you witness the struggle towards perfectionism—in yourself, a loved one, or someone whom you engage regularly? Why do you think some feel the need to be “perfect” all the time? What might [Psalm 103](#) be particularly helpful for these folks?
2. In your own words, what does it mean to “bless the LORD” (vs. 1-2)? What reasons does the psalmist give for why we should bless the LORD (vs. 3-5)? How do God’s actions for you reshape your worship of him? How do these benefits affect your ability to worship?
3. Read [Exodus 34:1-9](#). How is this passage put on display in Psalm 103? What similarities do the two passages share? What are some ways they differ? How does the psalm relay the assurance of God’s love for his people (vs. 6-14)? Why is this so important to hear?
4. How is man’s life compared to the LORD’s existence (vs. 15-19)? Why might some find this view of human life discouraging? What is different for those called God’s children? How can we be assured that our lives are secured in the LORD and his rule?
5. Who all are included in this call to “bless the LORD”(vs. 20-22)? How important is this instruction for all to hear, regardless of their closeness to God? What actions can we take to grow as those “who do his word” and “who do his will”?

Please keep our ministry leaders in your prayers as they develop their fall ministry plans.

Membership Class: Saturday, August 22, 9am-Noon

We really value membership here at Grace, it's how you commit to this local church, which is Jesus' body, and how you lay down roots here. Our membership process involves attending a 3-hour class that will take place on a Saturday morning. We'd love to have you join us in membership at Grace.

- Join us in-person or through Zoom (indicate preference on your registration form)
- Register at graceinracine.com/membership



Join us for VBS at home!

This year we are doing VBS at home!
The heartbeat of VBS is reaching boys and girls in our community with the gospel of Jesus Christ and BOLT VBS allows us to do just that even in a pandemic.



Pick your dates (between now and August 14) and invite your cousins, neighbors, classmates, (as you feel comfortable) to join you in this simple and super low-prep adventure as we learn to listen to, follow, and focus on Jesus!
Learn more and register at graceinracine.com/vbs

Announcements

Welcome to Grace Church!

It's great to have you here today! If you're visiting with us for the first time, you can stop by the round information center on your way out. We've love to connect with you and help you settle in here at Grace. You can also scan this QR code to fill out the connect card, also located at graceinracine.com/connectcard to let us know you're here!



Friendly Reminders:

- Remember to maintain social distancing - keep at least six feet in between you and others. No huddles, hugs, or handshakes for now. After the service, you're welcome to visit 6 feet apart outside. Please do not stay in the building after service to talk.
- The Governor of Wisconsin has issued a statewide mandate making masks mandatory in public places which goes into effect on Saturday, August 1st. This means when we gather together on Sundays for worship, anyone 5 years of age or older must wear a face-covering per the order.
- Remember, as you're seated in the sanctuary, there should always be at least two white dots in between you and the next seated person (outside of your immediate family).
- Offering boxes are located outside the main sanctuary doors and upstairs in the balcony.
- The seating outside the sanctuary window is reserved for parents with infants and young children.
- The church office is closed during the week, but the church staff is available by appointment, phone, and video conferencing.
- Remember that we may not be able to seat you in your favorite pew due to how we need to space families in the sanctuary. Thanks for your understanding and patience!

*Please pray for healing and recovery for those hospitalized or recently discharged:
Kyle Engdahl, Gay Russel*

Last Week: Sanctuary Attendance: 183 // Livestream Attendance: 156 households

Giving: Last Week: \$53,857 YTD: \$898,603 +/- Budget: \$-547

Here are some key words to listen for in the sermon. Make a mark every time you hear these words:

BLESS

PRAISE

STEADFAST LOVE

EVERLASTING



A Song for the Perfectionist Soul

FIND THESE WORDS IN THE PUZZLE BELOW AND THINK ABOUT HOW EACH TIES IN WITH TODAY'S PSALM:

**ANGELS
ANGER
BENEFITS
BLESS**

**COMMANDMENTS
COMPASSION
COVENANT
DUST**

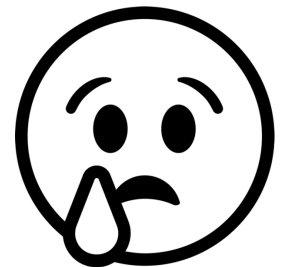
**ESTABLISHED
FORGIVES
GRACIOUS
GRASS**

**LOVE
MERCY
REDEEMS
REMOVE**

**RIGHTEOUSNESS
SATISFIES
SOUL
TRANSGRESSIONS**

T E D B E N E F I T S M E E D E R S D C U N A R S R R I I Q
 K T V E R F Y I M G T H Q C Q X K Z N T O S I E A R U H T K
 H E D O H C R P M O D Z D D V Z F I N I A G I M M T K J U N
 Q U J O M S E V O L L X V D E I V K Q Q H F H D L Q S I E A
 W W E Q L E I F I S W F Q I Q F E H J T S S W V V X T U I J
 Z W Y R Y J R L H B V V V E K N F T E I M E R C Y N R A D W
 E Y A O L K C Y B T H E T F L M C O T V X O R X S C A C T C
 M T S T N E M D N A M M O C O N U A R W S M O N W D N O D M
 B S W U W N E C A C T F B P V S S S S G P G O E J M S J L Q
 U K Q N S A O H S O E S C G N M J A H D I L A W Y O G W Q S
 F P S B L V U O I S U N E E K P Y Y X I J V Z C B M R X M J
 I H G X E X U U A S U F S C X C S P J W F X E I P I E Y M O
 I P R N G L T J S I L S W B L W M Z P C I J A S X N S Z T J
 N X A N N V X E Q S E Q T X G L F E X Q M E S Y O Z S J W K
 U N C E A Z L P Y X S E I Q F V Y D T H T K X X T K I O O E
 T Y I O N B X I E D Q D Z F E L S G M F H D L D K F O Y N C
 D R O F O K C C D O G I S A L X S H C Z L I Q Q X W N N T N
 M M U M I V H Y W T N R U S P W C I M H X F D P J B S H G K
 A J S J S B D Y Y A R J C H S N F R N N C K M H B Z N F P N
 N M D M S O F W O P N G H A J V M B O Q B M A H C S U V H Z
 L M S V A V V J S V E G J Y S Z A C G U N D Q H P M C Q P R
 H A R S P N O L L M I O E K C O X N Q M S O E Y F N F P I E
 M E Q H M F B U O M F W G R V A F X C Z M C R W W W X Y Q Z
 P T U X O A Q H J Y D D X E A A E C E W R G P C E Q D J B J
 F M T O C C Y N B K Q O V R J H E I Q X C R P X B C J Q A B
 F C U N X D Q B Y G B B N V L Q S W S U S A U O Y P I I O F
 E A F H F O R S Q I L K W X J C W B R I W S Z D D B A P K R
 E N Y K E B O W Y I L P W P V Y Q I X L I S V W N Q Q J D I
 Z H B D I H Z P M J G M U X S G L M Q T I E J Z N X E R F R
 N Z M P T K B N G K Z M R N V P M W P C U V J T E C Q G E R

HOW DOES THE WRITER OF THIS PSALM FEEL? COLOR ALL THE FACES THAT FIT.



REVIEW TODAY'S MESSAGE BY DISCUSSING THESE QUESTIONS AS A FAMILY:

- 1. READ PSALM 103 TOGETHER AS A FAMILY. WHAT DOES IT MEAN TO BLESS GOD? WHAT ARE SOME ATTRIBUTES/CHARACTERISTICS OF GOD THAT YOU SEE IN THIS PSALM. TAKE TIME TO THINK ABOUT EACH OF THOSE DESCRIPTIONS OF GOD ONE AT A TIME AND WORSHIP HIM TOGETHER AS A FAMILY FOR WHO HE IS.**
- 2. RE-READ VERSES 8-14. NOW LOOK AT ISAIAH 53:4-6. HOW IS GOD ABLE TO BE JUST (PSALM 103:6) AND STILL "NOT DEAL WITH US ACCORDING TO OUR SINS"? WHAT HAD TO HAPPEN TO MAKE THIS KIND OF COMPASSION POSSIBLE? NOW THINK ABOUT THE FAMILIAR VERSE JOHN 3:16—DOES YOUR UNDERSTANDING OF PSALM 103 WITH ISAIAH 53 GIVE YOU A CLEARER UNDERSTANDING OF JOHN 3:16? HOW SO?**
- 3. VERSE 13 OF THIS PSALM REMINDS US THAT GOD IS A COMPASSIONATE FATHER. HE KNOWS THAT WE ARE WEAK AND NOT ABLE TO DO ALL THAT HE CAN. HOW DOES A LOVING HUMAN PARENT SHOW COMPASSION TO THEIR CHILD AS THEIR CHILD GROWS? HOW DOES GOD SHOW THIS KIND OF CARE FOR YOU?**

